

# IHPME CONNECT 10.2015

SAINT ELIZABETH:

## SPREADING “HOPE AND HAPPINESS”

They don't teach sewing in most health care professions, but that doesn't mean the skill has no value to patients. In fact, there is one elderly patient in London, Ontario who is happier, and safer, because a personal support worker took some time to sew up the hem on her pyjamas.

That story sticks with Saint Elizabeth CEO Shirlee Sharkey, not only because she did the same thing for her mother, but because it has real clinical value in preventing falls and in keeping the pyjamas cleaner, which matters greatly to the patient.

The simple act of sewing a hem, among many other acts of kindness, was recognized by the Canadian College of Health Leaders when they presented Saint Elizabeth with its 'Celebrating the Human Spirit Award' at a national gala in Charlottetown last June. Saint Elizabeth gave each employee 25 'Hope and Happiness' dollars with the concept of 'paying it forward'. Employees were given the flexibility to use the funds to make small improvements to their patient's lives, using their own skills and talents and by observing little things that could make a big difference.

“The money was really just a token -- we knew people were doing these things already anyway, but the campaign was a way of reinforcing the value of 'paying it forward', recognizing the value of all our people in the acts of kindness they perform and to act as catalyst in spreading the concept of 'hope and happiness' in the health care sector,” says Shirlee, an IHPME graduate and current adjunct professor. In another example, employees pooled their



hope and happiness resources to create 'chemo relief kits', which included a range of comfort items for cancer patients. A group in Kingston, who love to cook, teamed up to prepare and deliver home-cooked holiday meals for isolated seniors and low-income families.

The Hope and Happiness concept reinforced for the CEO the value in applying creative approaches to health care challenges. Saint Elizabeth has untapped an abundant resource within its people: empathy, caring and kindness. Shirlee remembers a particular Hope and Happiness moment in her own life. During

### Shirlee Sharkey at the Institute

- Masters in Health Administration
- Since 1996, Adjunct Professor at IHPME

On the impact of IHPME: “Before attending IHPME, I had held progressive positions at Sunnybrook, but on graduating from the program, I became CEO of Saint Elizabeth. Of course, the organization was much smaller then, but it is fair to say the program changed the trajectory of my life.”

Advice to students: “In health care administration, ongoing learning is essential. To stay on the leading edge is absolutely necessary in the health care space. Be bold, take risks, find comfort with some ambiguity and always look for opportunities to collaborate – sometimes it's valuable to do 'research on the run' and just move forward with an idea you believe in”.

an ice storm, she was in touch with elderly relatives who were isolated to see if they needed help with care or essentials. One



aunt asked for a large box of Tim Horton's coffee. "With all my education and experience in health care, I missed what was really important to her, which was being able to have friends over and socialize," says Shirlee. "The lesson in health care delivery is that while it is important to look at the evidence, we should not focus exclusively on the linear approach. We distill care to tasks, and we distill who are as professionals. We need to be more creative and collaborative in addressing human experience," says Shirlee.

## IHPME IN THE NEWS

IHPME and DLSPH Associate Professor, Robert Schwartz, who is the executive director of the Ontario Tobacco Research Unit, was featured in U of T News: To save 30,000 lives, restrict movies with smoking to those 18 or older, public health researchers say. Read the story [here](#).

## AWARDS

### Chamila Adhietty

IHPME student, Chamila Adhietty, was awarded a [S. Leonard Syme Training Fellowship](#) in Work and Health. Congratulations Chamila!

## PUBLICATIONS

### Shachak A, Domb S, Borycki E, Fong N, Skyrme A, Kushniruk A, Reis S & Ziv A

"A Pilot Study of Computer-based simulation training for enhancing Family Medicine residents' competence in computerized settings." *Studies in Health Technology and Informatics* <http://ebooks.iospress.nl/publication/40260>

### Ho J, Kuluski K, Gill A

"A Patient Centered Transitions Framework for Persons with Complex Chronic Conditions." *Care Management Journals* 16(3): 159-169

### Naganathan G, Kuluski K, Gill A, Jaakkimainen L, Upshur R, Wodchis WP

The movement is spreading. Saint Elizabeth's [#HopeAndHappiness](#) campaign caught on quickly through social media. Saint Elizabeth has had interest from Denmark and the Netherlands. "This is certainly not an exclusive phenomena, we wanted to put it out there in the universe. I hope this initiative will encourage others to spread hope and happiness. It is amazing to see what's possible with the power of people," says Shirlee. "Viewed collectively, these little things, like buying coffee or bringing someone a birthday card, are not little at all - they make a big difference.

"Perceived value of support for older adults coping with multimorbidity: patient, informal caregiver, and family physician perspectives." *Ageing & Society* pp 1 – 24. DOI: 10.1017/S0144686X15000768.

### Kuluski K, Tracy CS & Upshur RE

"Perceived risk factors of health decline: a qualitative study of hospitalized patients with multimorbidity." *Risk Management and Healthcare Policy* 8, 63-72.

### Miller FA, Cressman C, Hayeems R

"Governing population screening in an age of expansion: The case of newborn screening." [journal.cpha.ca/index.php/cjph/article/view/4897/3131](http://journal.cpha.ca/index.php/cjph/article/view/4897/3131)

### Miller FA, Hayeems RZ, Bombard Y, Cressman C, Barg CJ, Carroll JC, Wilson BJ, Little J, Allanson J, Chakraborty P, Giguère Y, Regier DA

"Public Perceptions of the Benefits and Risks of Newborn Screening." *Pediatrics*. 2015 Aug;136(2):e413-23. doi: 10.1542/peds.2015-0518. Epub 2015 Jul 13.

### Culyer AJ

"Why do/should we do economic evaluation?" *Value in Health Spotlight*, 2015, 1: 8-10.

### Paprica PA, Culyer AJ, Eshag AG, Peffer J, Sandoval GA

"From talk to action: policy stakeholders, appropriateness, and selective disinvestment" *International Journal of Technology Assessment in Health Care*, 2015, 31: 1-5.

### Hofman KJ, Chalkidou K, Tantivess D, Culyer AJ

"National Health Insurance in South Africa: Relevance of a national Priority-Setting Agency" *South African Medical Journal*, 2015, 105: 739-40 (editorial).



# FACULTY APPOINTMENTS

## Assistant Professor (Status-Only renewal)

Onil Bhattacharyya

Richard Booth

Joseph Kim

Sara Urowitz

## Assistant Professor (Cross-Appointment renewal)

Kuper Ayelet

## Professor (Status-Only)

Robert Reid

## Professor (Cross-Appointment)

Jon Barrett

## Adjunct Lecturer

Dennis Cheung

James Mullen

## 2015 Senior Promotions: Professor

Jeffrey Hoch

## Associate Professor

Susan Bronskill

Joanna Sale

# THESIS DEFENSES

## MSc:

Michelle Batthish (supervisor R. Baker) – *“Organizational Learning in the Morbidity and Mortality Conference”*

Eon Edward Kwokho Ting (supervisor W. Ungar) – *“Systematic Review of the Cost-Effectiveness of Influenza Immunization Programs: A Canadian Perspective”*

Patrick Richard (supervisor David Urbach) – *“The Uptake of Active Surveillance for the Treatment of Prostate Cancer in Ontario: Results of a Population-Based Study”*

Troy Grennan (supervisor Mona Loutfy) – *“Correlates of High-Risk, Oncogenic Human Papillomavirus in HIV-Positive and HIV-Negative Men Who Have Sex With Men”*

## PhD:

David Rudoler (supervisor Raisa Deber) – *“Paying for Primary Care: the Relationship between Payment Change and Primary Care Physician Behaviour”*

Rayzel Malka Shulman (supervisor A. Guttman) – *“An Evaluation of a Universal Funding Program for Insulin Pumps for Children and Teens with Type 1 Diabetes”*

Carolina Barnett-Tapia (supervisor Aileen Davis) – *“Development and Validation of a New Measure of Impairment in Myasthenia Gravis: A Myasthenia Gravis Impairment Index”*

# EVENTS

## The Moonshot Event 2015 Speakers Announced!

**October 14, 2015**

5:00 pm

INSPIRE. LEAD. CHANGE. Join us as we celebrate the impact our students and alumni have on transforming health care, today and for the next generation, at a fun evening of food, drinks, awards and appreciation.

Featuring: Nick Barber, Director of Research at the Health Foundation, which underwrites research on quality and patient safety, will deliver the keynote address on what Canada can learn from recent National Health Service changes. An internationally-renowned UCL School of Pharmacy Professor, Barber's work on medication errors had empowered national policy change in the U.K.

Andre Picard, the Globe and Mail's public health reporter and one of Canada's top public policy journalists, will lead a Q&A with Professor Barber.

**Location:** Steam Whistle Brewing, The Hall, 225 Bremner Blvd. (Roundhouse Park), Toronto

**Register Today!** Please visit [ihpme.utoronto.ca/events/moonshot-event-2015/](http://ihpme.utoronto.ca/events/moonshot-event-2015/) for details.



## IHPME Health Leadership Talk – Topic Announced!

“MAPLE MOVEMENT; what do international comparisons teach us about the development and improvement of Canada’s health care system”

**October 29, 2015**

5:00 pm

Join IHPME Director Dr. Adalsteinn Brown and Featured Speaker [Dr. Niek Klazinga](#), University of Amsterdam, in the IHPME’s Health Leadership Series. Dr. Klazinga will speak about Canadian performance as compared to other OECD countries, with reference to OECD’s Health at a Glance 2015, and provide reflection on policies and quality strategies. The presentation will also build on findings of recent EU funded research projects on performance and quality improvement in European hospitals.

The lecture event starts 5:00pm and includes a Q&A period with Dr. Klazinga. Stay the evening for a networking reception, plentiful appetizers and a host bar.

For more details and to RSVP, please visit [ihpme.utoronto.ca/events/ihpme-health-leadership-series-niek-klazinga/](http://ihpme.utoronto.ca/events/ihpme-health-leadership-series-niek-klazinga/)

**Location:** Hart House, Debates Room, 2nd Floor, 7 Hart House Circle, Toronto

## IHPME Open House Fall 2015

**October 17, 2015**

1:00 pm to 4:00 pm

IHPME is opening its doors on Saturday, October 17 in the Fall 2015 Open House with [Dalla Lana School of Public Health](#). Individuals interested in our degree programs and community are invited to come learn more about IHPME and meet some of our students, staff and faculty members. For full details and to RSVP, please visit: [ihpme.utoronto.ca/events/ihpme-open-house-fall-2015/](http://ihpme.utoronto.ca/events/ihpme-open-house-fall-2015/)

### FEATURED IHPME PROGRAMS:

Masters of Health Informatics (MHI)

Masters of Health Administration (MHSc)

Masters of Science (MSc): Quality Improvement and Patient Safety, System Leadership and Innovation, Health Services Research, Clinical Epidemiology and Health Care Research

Doctor of Philosophy (PhD): Health Systems Research, Clinical Epidemiology and Health Care Research

**Location:** 155 College Street, 6th & 7th Floor, Health Sciences Building

## Patient Safety Event with Professor Ross Baker

**November 9, 2015**

5:00 pm to 7:00 pm

IHPME in partnership with KPMG, is delighted to be hosting the launch of Professor Ross Baker’s latest report on Patient Safety.

Professor Baker will lay out his recommendations for health-care providers, payers and policy makers on what steps are needed to make measureable, sustainable improvements in patient safety.

The event will include presentations and a panel discussion that includes patient safety experts from Canada, the US and Europe: Prof. Ross Baker, Dr. Andrew Jacobs, Dr. Marc Berg.

RSVP required: [events-meetings.kpmg.com/d/xrq6gt/4W](http://events-meetings.kpmg.com/d/xrq6gt/4W).

Full details available on the IHPME Events Page: [ihpme.utoronto.ca/events/patient-safety-event/](http://ihpme.utoronto.ca/events/patient-safety-event/)

## IHPME on Flickr

IHPME is now on Flickr! You can view photos from our many meetings and events. You may also share your photos with the IHPME community.

Whether you’re a student, faculty or staff member or partner to the Institute, we would be delighted to see your story. Contact [ihpme@utoronto.ca](mailto:ihpme@utoronto.ca) to make an upload.

Click here for the  
DLSPH eBulletin

# WE’D LIKE TO HEAR FROM YOU

Our monthly newsletter profiles members of the IHPME community and lists upcoming events.

We’re pleased to receive submissions of 400 words or less for consideration in upcoming editions. If you’d like your event listed, please send full details.

**Contact:** [rhonda.cockerill@utoronto.ca](mailto:rhonda.cockerill@utoronto.ca) and [ihpme@utoronto.ca](mailto:ihpme@utoronto.ca)

